

# Spring Cleanse!!

It's here! An opportunity to for you to:

- Improve your energy!
- Improve your sleep!
- Improve your digestion!
- Improve your skin!
- Improve your focus!
- Eliminate food cravings!

AND  
Lose weight!



This cleanse has been specially designed to clear your body of toxins. Everyday we are exposed to chemical pollutants, pesticides, hormones and preservatives that collect in our bodies making them sluggish. The **Whole Body Cleanse** supports the detoxification of your liver, lymphatic system, kidneys, lungs, intestines, blood and skin to leave you feeling great.

Invest in your most valuable asset  
...YOU!

## 10 Day Cleanse Package Includes:

- ✓ 2 hour pre-cleanse class
- ✓ 1 hour cleanse follow-up class
- ✓ 10 Day Cleanse instruction packet
- ✓ 10 Day Complete Cleanse Kit

**All for \$215**(plus tax)

Pre-cleanse class:

Thursday, April 22nd at 7 PM

Monday, May 10th at 7 PM

Post-cleanse class:

TBA

Call **650-233-7327** to register.  
Spaces are limited.

Improve your health this spring by choosing  
the **...Whole Body Cleanse.**

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